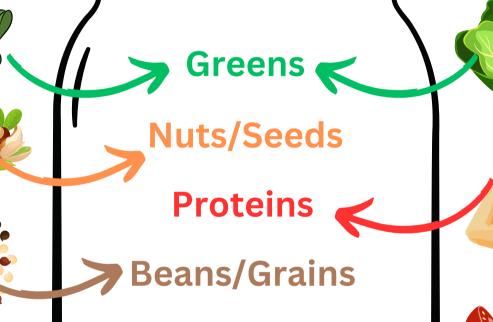
## HOW TO PACK A BALANCED SALAD IN A JAR TO GO!



Soft Veggies/Fruits

Hard Veggies

Dressing

